Serial No. 10/691,781 Docket No. 4220-123 US

Amendments to the Claims:

This listing of claims will replace all prior versions, and listings, of claims in this Application:

Listing of Claims:

- 1. (Canceled).
- 2. (Canceled).
- 3. (Canceled).
- 4. (Currently amended) A process for preparing cooked rice in an aseptic package which comprises the sequential steps of:

washing long grain rice with only purified water;

eoating soaking the long grain washed with the purified water with a solution of emulsified oil for two to three minutes, said emulsified oil is selected from glycerin fatty acid ester, D-sorbitol fatty acid ester, polyglycerin fatty acid ester, propyleneglycol fatty acid ester and ilshin ester;

removing the purified water from the long grain;

filling the coated soaked long grain automatically in a heat-resisting plastic container;

repeating 4 to 10 times sterilization of the container filled with the long grain by intermittently applying high pressure steam at a temperature of 130° C-150° C and for 4 to 8 seconds each time;

adding an amount of a solution of emulsified oil to the sterilized rice before a step of cooking the rice;

cooking the long grain with a solution of emulsified oil as a liquid for cooking; and adding the same amount of the solution of emulsified oil to the cooked long grain rice, and

<u>hermetically</u> sealing the <u>plastic container under aseptic conditions</u> and packaging the resultant cooked rice.